

# H3HS MISSIONS

A DIVISION OF



## OUR VISION

- To provide a meaningful and faith-filled mission experience for high school students in an underprivileged area of Honduras.
- To create meaningful relationships among the US and Honduran youth.
- To reflect the love of Christ at all times.



## CONTACT US



217-317-0031 - Mike Craig



mikeecraig@gmail.com



[www.heartsandhandsmissions.com/](http://www.heartsandhandsmissions.com/)



19 Lakeside Villa, Sullivan, IL 61951

**SERVING**

LA CEIBITA & TOCOA  
HONDURAS

## MISSION STRUCTURE

### YOUTH PODS

- 1 adult pod leader
- 1 translator
- 4-6 US/Honduras youth

Each day the pod rotates to a new ministry site

### DAILY ROUTINE

- morning devotion
- breakfast
- morning mission work
- lunch
- afternoon mission work
- dinner
- evening devotions
- free time

### TRAVEL

- (Approx times)
- 6:00-2:00: flights to San Pedro Sula/collect luggage
  - 2:00-9:00: drive in vans to Tocoa
  - Stay at Hotel San Patricio



# FINANCES

---

- Typical cost per traveler is \$1,500
- There are additional costs for the mission depending on the type of ministries anticipated
- Sponsors/donations for travelers or general donations to the mission are greatly needed and appreciated

# TRAVEL REQUIREMENTS

---

- Completion of Missioner Packet & Commitment forms
- Agreement to follow all mission guidelines
- Participation in all pre-mission meetings and activities
- Active participation in local church and youth group
- Completion of medical physical and up-to-date routine vaccines
- Passport with expiration exceeding 6 months after trip
- Parental consent forms



# HOW TO PACK

---

- The lighter, the better! (no frills necessary!)
- Work gloves, light and modest clothing
- Hats, sunglasses, bug spray & sunscreen are highly recommended
- Tennis shoes are adequate
- All bedding and bath towels are provided
- Small amounts of food are permitted (protein bars, trail mix, any special needs)

